

NHS Medicine Waste Initiative 2014











Check which items you already have before ordering your repeat prescription and only order what you need.



If you need items at a later date you can request them.



Let your GP, nurse or pharmacist know if you have stopped taking any medicines on your repeat prescription.

Brought to you by the NHS Clinical Commissioning Groups for Norwich, North Norfolk, South Norfolk and West Norfolk







Did you know that medicines cannot be recycled, whether they have been opened or not?



Return unwanted medicines to your pharmacy for safe disposal. *Don't throw them away.*

Brought to you by the NHS Clinical Commissioning Groups for Norwich, North Norfolk, South Norfolk and West Norfolk







If you need to go into hospital, please take your medicines with you.



This will enable hospital staff to effectively assess your care.

Brought to you by the NHS Clinical Commissioning Groups for Norwich, North Norfolk, South Norfolk and West Norfolk



Help us make more of your local NHS.

Ask your GP, nurse or pharmacist for advice.



