

# DEMENTIA FRIENDLY LUNCH

## The Chequers, Feltwell



Come and enjoy a Lunch in a friendly cosy welcoming Norfolk village pub. Give yourself the chance to socialise and enjoy a freshly cooked meal in a relaxed atmosphere with those in similar situation within a safe environment. Share stories & support each other or come to relax in a place away from home. Lunch open to all individuals living with Dementia and their carers.

**Starts Wednesday 2<sup>nd</sup> February 2016**

Regular Lunch event – 1<sup>st</sup> Wednesday of each Month

12-2pm

Set Menu: 2 courses for £6.50

Why not stay a little longer after your meal and join in with a selection of table activities.



Please book in advance to avoid disappointment, this is not always essential.

The Chequers, Feltwell  
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Car parking available, fully wheelchair accessible toilet.