

Choose me not A&E

Every year thousands of people in the West Norfolk and Wisbech area wait in A&E when they could get quicker and more appropriate treatment closer to home.

Are you one of them?

Not only are they wasting their valuable time waiting but they potentially block access to services from other people in more urgent need.



Many of these people could easily be treated by a local pharmacist or GP - or even just by staying at home and taking care of themselves.

There is also the **NHS 111** service if you need medical help or advice fast but it is not an emergency.



Please remember to keep A&E free for serious accidents and emergencies only.

Help The Queen Elizabeth Hospital King's Lynn save lives this winter.

To find out more, visit:
ChooseMeNotA&E.co.uk

