



St John Ambulance is here to help with a Minor Injuries Pop Up Unit

- The unit will be open from 10am until 6pm on the weekends of December 15 and 16, December 22 and 23 and December 29 and 30

The types of illnesses/injuries which the unit can treat:

- **Minor bleeding – cuts, grazes and bruises**
- **Sprains and strains**
- **Allergies, stings and bites**

- The unit will be found in the car park at **Sainsbury's, Hardwick Industrial Estate, King's Lynn, PE30 4LR**

